

Why choose Latrobe Community Health Service?

1 Experienced and trusted

For more than 20 years Latrobe Community Health Service has delivered home care services to thousands of people. We are a secular, not-for-profit provider, and we are committed to reinvesting in the communities we serve.

Our clients stay with us because they trust us. They like our reliability and our 'no surprises' approach to home care services.

2 People first

At all times, your independence and happiness are at the centre of the work we do.

We tailor your care plan to suit your individual needs and check in (in person!) to make sure your Home Care Package is working for you.

3 Advocacy

We give advice that always has your best interests at heart. If your needs change, we work on your behalf to ensure your support levels change too.

4 Transparency

Understanding what you're paying is important to us, and we're always happy to spend time explaining our costs to you.

5 Quality

We have experienced care advisors, and strict procedures for checking all of our service providers. We are just the right size: large enough to provide stability, but small enough to tailor our service to your individual needs.

Home is where
the heart is.
Stay there longer.



 **CALL US**
1800 242 696

 **LEARN MORE**
care.lchs.com.au

 **EMAIL US**
homecarepackages@lchs.com.au



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Home care packages explained

You love living at home. You're happy there - but some things are becoming a bit harder to manage.

Perhaps it's keeping the garden from running wild, or going down to the shops. Maybe you could use a hand getting ready each day.

If this sounds familiar, a home care package may provide the help you need.

The Australian Government provides funding (a 'home care package') for services tailored to meet your specific care needs to:

- help you stay in your own home as you get older
- give you choice and flexibility in the way your care and services are provided.

There are four levels of home care package. Level one is for people with basic care needs, through to level four, for people with high-level care needs.

Remember, the aim is to help you continue to live a full and active life - so any service or equipment that helps you achieve this goal can be explored.

About Latrobe Community Health Service

Latrobe Community Health Service is a home care package provider, or 'service provider'. We are an organisation that helps you plan your care. We then deliver that plan by organising the services you need.

For example, if you need help showering, we will organise someone to come to your house at agreed times to help you.

We work with you, and the people who support you, to find out your priorities. We want to ensure your decisions are well-informed, and you are in control of your care.

A range of services may be provided under a home care package, including those listed below:

Happy



- Planned activity groups (PAG)
- Transport
- Companionship
- Counselling
- Help with using technology to connect with family
- Aids and equipment to ensure you can get out and about

Healthy



- Nursing
- Showering
- Physiotherapy
- Massage
- Hearing services
- Vision services
- Continence products
- Pain management

Home



- House cleaning
- Home modifications
- General maintenance
- Gardening
- Meal preparation
- Security