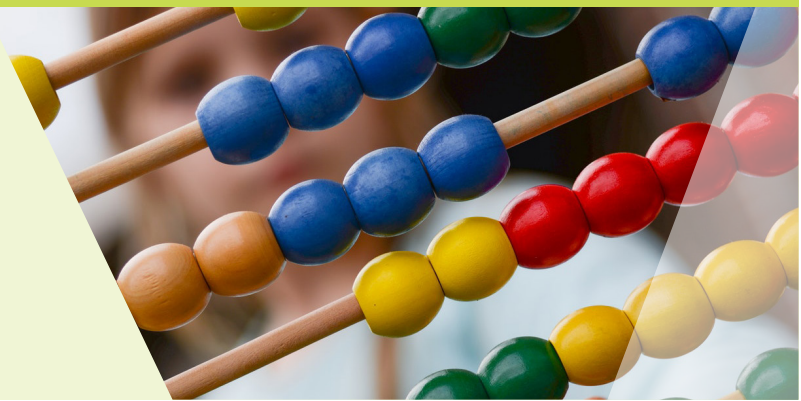


# Numbers and counting



*When children are learning numbers and to count, they learn a lot of different skills.*

## These include:

- Reciting numbers or rote counting. For example, counting to 10 forwards and backwards.
- Meaningful counting, or knowing what a number means. For example, collecting three apples when you ask them to.
- Number recognition, or being able to recognise a written number. For example, pointing to number 5 on a page with lots of written numbers.
- Pretend to be a rocket and count backwards to blast off
- Sing counting songs. For example, "1, 2, 3, 4, 5, once I caught a fish alive..."
- Play shopping games
- Point out numbers wherever you see them. For example, house numbers on letter boxes, numbers on a calendar, remote control buttons.

## There are so many ways you can help your child to learn numbers and counting. Here are a few of our tips:

- Read number books. The local library will have lots!
- Count to prepare for something. For example, "1, 2, 3, go!"
- Count everyday objects. For example, "how many socks are in the basket?", "how many letters did we get today?", "how many berries are in your bowl?"
- Count fingers and toes



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